

Finding Faith in Difficult Times: Teachings and Meditations for Trusting the Energy of the Divine



Iyanla Vanzant knows hard times, and how to work through them using the power of faith. Before writing five New York Times best sellers, she had a troubled childhood followed by teen pregnancy, two abusive marriages, and welfare. How did she manage to turn her life around? Finding Faith in Difficult Times shares Vanzant's most cherished collection of the insights, prayers, and meditations she developed to work through those years of personal struggles. Here, listeners will learn how to cultivate faith and determination, build inner strength, and find lasting peace in even the most challenging moments of life.

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