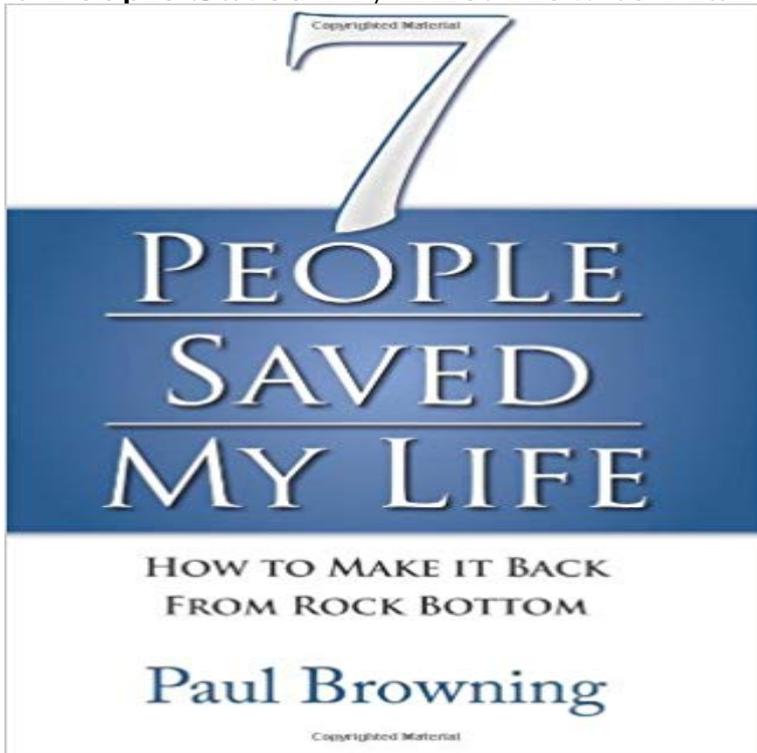


7 People Saved My Life: How to Make it Back From Rock Bottom



This is a story about one mans journey to the most terrifying place in the world rock bottom. Everyones rock bottom is different, but for Paul Browning, it came in the form of a long legal battle to save his business, crippling financial problems, and the end of his marriage. During that time, Paul felt desperate, alone, and very frightened, and he almost lost the one thing he needed to keep going faith. If it werent for the support of seven very special individuals, all of whom had been through their own personal hell and not only survived but thrived, Paul might not have made it. With their words of encouragement and advice, Paul was able to face up to the changes he had to make, and he learned some very valuable lessons along the way. These lessons can help you, too. 7 People Saved My Life is more than just a story. It is a survival manual for anyone who is struggling to cope with a life crisis, going through a hard time, or trying to make some meaning out of a traumatic life event. Paul Browning worked as a police officer in the UK for 12 years before embarking upon a career in IT. He has been through enough shit to last a lifetime, but he came out on the other side stronger and wiser and with his sense of humor intact! Forget the usual self-help manuals. This is the real thing.

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However, with our marriage in pieces, we visited King Jesus Church, and He put all things in order, and we learned what our individual places were in experience the normal adjustments and changes that come with married life, I had to leave home, and this was when my family hit rock bottom. 2 John 7:37. **7 People Saved My Life: How to Make it Back from Rock Bottom** Editorial Reviews. About the Author. My name is Paul Browning. I worked as a police officer in 7 People Saved My Life is a book about how to cope when you hit rock bottom. it happens to buy it of course but if you are going through a hard time, have done or know somebody who is then this book will help. . Back to top **Im hitting rock bottom. How do I pull myself back up** 17:17) if He could touch Sarahs dead womb and bring it back to life (see Gen. No longer did I have to keep taking those injections. I had definitely made my bed in hellthe pitthe bottom of rock bottom! 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