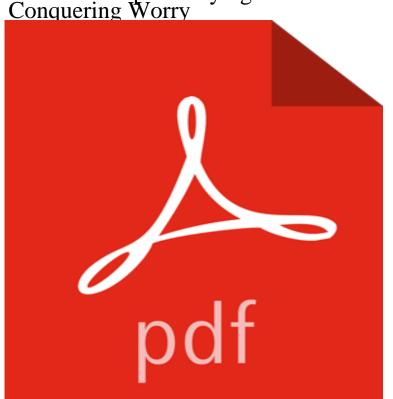
How to Stop Worrying and Start Living: Time-Tested Methods for



Through Carnegies Dale seven-million-copy best seller (recently revised) millions of people have been helped to overcome the worry habit. Dale Carnegie offers a set of practical formulas you can put to work today, formulas that will last a lifetime! Discover how to:Eliminate 50 percent of business worries immediatelyReduce financial worriesTurn criticism to your advantageAvoid fatigue and keep looking youngAdd one hour a day to your waking lifeFind yourself and be yourself - remember, there is no one on earth like you!How to Stop Worrying and Start Living deals with fundamental emotions and ideas. It is fascinating to listen to and easy to apply. Let it change and improve you. Theres no need to live with worry and anxiety that keep you from enjoying a full, active, and happy life!

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