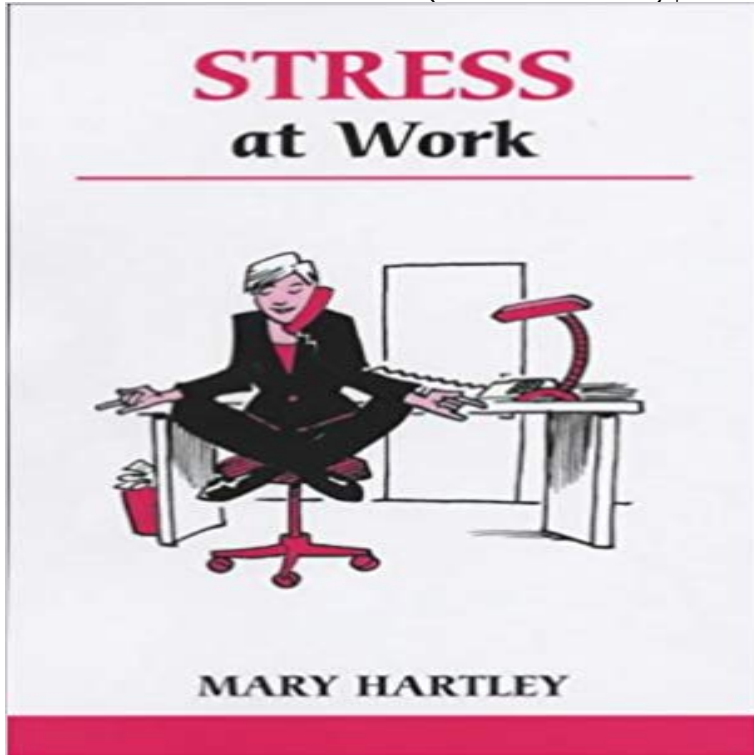


Stress At Work: A Workbook to Help You Take Control of Work-Related Stress (Overcoming Common Problems)



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