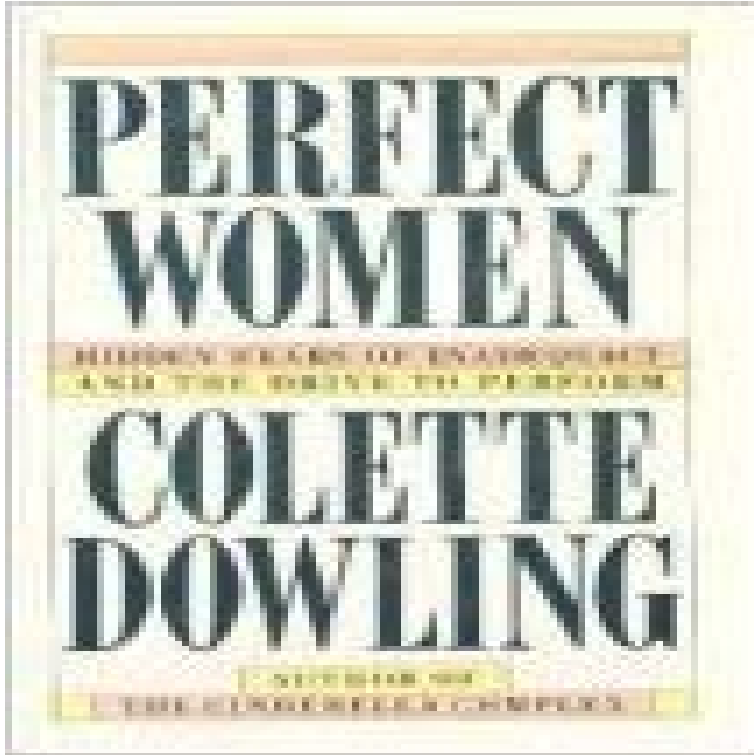


# Perfect Women: Hidden Fears of Inadequacy and the Drive to Perform



In this book the author asks, What happens to women between infancy and maturity that so affects their sense of self?. Women are conditioned, by a world which refuses to recognize the true value of femaleness, into a state of narcissistic posturing - an extreme attention to appearance and being seen. She gradually moves further and further away from her true self and ends up empty and undervalued. The author thinks it is possible for women to stop performing and come to terms with themselves. Her answers will help women confront their hidden fears of inadequacy and the negative drive to perform. The author has written *The Skin Game*, *How to Love a Member of the Opposite Sex* and *The Cinderella Complex*.

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