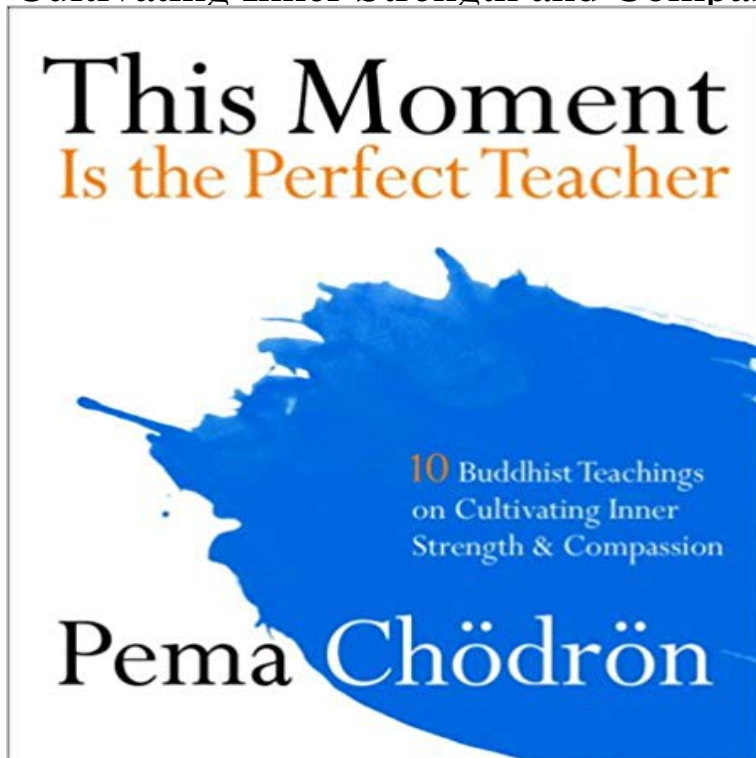


This Moment Is the Perfect Teacher: Ten Buddhist Teachings on Cultivating Inner Strength and Compassion



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