

What the Dead Have Taught Me About Living Well



From the bestselling author of *Spirited* and *Awaken the Spirit Within*, spiritual medium Rebecca Rosen opens up about her personal life and answers the questions that fans ask the most: How does your connection to the world beyond help you better understand and navigate your day-to-day, real world? *What the Dead Have Taught Me About Living Well* follows Rebecca through a typical day in her life, juggling the responsibilities of family, friendships, work, health, money, and everything in between. But of course Rebecca's life is also colored with signs from the other world, with messages that spirits from the Other Side urgently want to share with their loved ones. Just like you, Rebecca can get overwhelmed at times, but she has developed strategies for coping with those feelings and refocusing when she feels herself going off-course. In this book, she shares those exercises, practices like creating a special space for tapping into higher spiritual guidance, how to get spiritually dressed in the morning by getting centered and protecting the energetic body, and how to cleanse negative energy from a room. After serving as a psychic medium between the spirit world and our day-to-day world for more than two decades, what Rebecca knows for sure is that the spirit world is always trying to get our attention. They intervene in our lives every day to let us know that our real-life struggles have a rhyme, a reason, and a purpose, and that we're not alone to figure it all out. Our guides have our backs every step of the way, and *What the Dead Have Taught Me About Living Well* reveals how to become more in tune with their guidance.

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Customer Reviews: What the Dead Have Taught Me About Living Well What the Dead Have Taught Me about Living Well (Rebecca Rosen) at . From the bestselling author of Spirited and Awaken the Spirit Within, **What the Dead Have Taught Me About Living Well: Believe In What** Jan 9, 2017 Meditation is an extremely important spiritual tool for me. It is one way that I clear negative mind chatter, and achieve a higher vibrational state. **What the Dead Have Taught Me About Living Well - Rebecca Rosen** Feb 14, 2017 The Hardcover of the What the Dead Have Taught Me About Living Well by Rebecca Rosen, Samantha Rose at Barnes & Noble. **What the Dead Have Taught Me About Living Well: We Are Not Our** Feb 14, 2017 In What the Dead Have Taught Me about Living Well, Rosen shares the daily practices and spiritual tools she relies on to recognize and **What the Dead Have Taught Me About Living Well - Target** What the Dead Have Taught Me About Living Well [Rebecca Rosen, Samantha Rose] on . *FREE* shipping on qualifying offers. How can we know **What the Dead Have Taught Me About Living Well - Barnes & Noble** Apr 23, 2017 Title : What the Dead Have Taught Me about Living WellUPC : 9781623367817Author : Rebecca Rosen Samantha RoseFormat **What the DEAD Have Taught Me About LIVING WELL Rebecca** In What the Dead Have Taught Me about Living Well, Rosen shares the daily practices and spiritual tools she relies on to recognize and interpret signs from **What the Dead Have Taught Me About Living Well - Target** Jan 16, 2017 People often ask me what I experience during a reading, as a medium. The following excerpt from my new book, What the Dead Have Taught **What the Dead Have Taught Me About Living Well - Target What the Dead Have Taught Me About Living Well - Rebecca Rosen** Feb 14, 2017 What the Dead Have Taught Me About Living Well follows Rebecca through a typical day in her life, juggling the responsibilities of family, **What the Dead Have Taught Me About Living Well: Relationship** Buy What the Dead Have Taught Me about Living Well by Rebecca Rosen, Samantha Rose (ISBN: 9781623367817) from Amazons Book Store. Free UK **What the Dead Have Taught Me About Living Well: Be the Light** What the Dead Have Taught Me about Living Well walks you through an equally ordinary and extraordinary day in Rosens life and reveals how she tunes in to **What the Dead Have Taught Me about Living Well by - eBay** Jan 2, 2017 In this excerpt from Rebecca Rosens new book, What the Dead Have Taught Me About Living Well, the dead relay encourage a focus on **What the Dead Have Taught Me About Living Well by - Goodreads** Feb 14, 2017 Find product information, ratings and reviews for a What the Dead Have Taught Me About Living Well (Hardcover) (Rebecca Rosen **What the Dead Have Taught Me about Living Well - Books-A-Million** Nov 10, 2016 Such was the case with the overall message of What the Dead Have Taught Me About Living Well. This new book will be available for for pre **What the Dead Have Taught Me About Living Well: - Kindle edition** Feb 14, 2017 The Hardcover of the What the Dead Have Taught Me About Living Well by Rebecca Rosen, Samantha Rose at Barnes & Noble. Mar 15, 2017 Stream EP: 29 - Rebecca Rosen - What The Dead Have Taught Me About Living Well by Cosmos In You from desktop or your mobile device. **What the Dead Have Taught Me About Living Well - Barnes & Noble** Both of those books were great to read so when I had the chance to read her latest book What the Dead have taught me about Living Well I knew timing was **What the Dead Have Taught Me about Living Well - Tattered Cover** Jan 23, 2017 In this excerpt from my new book, What the Dead Have Taught Me About Living Well, Ill explain why I never ignore the signs. Believe in what **What the Dead Have Taught Me About Living Well - Barnes & Noble** What the Dead Have Taught Me About Living Well has 36 ratings and 1 review. Nicole said: Im not sure where to begin with why I liked this book so much. **What the Dead Have Taught Me About Living Well - What the Dead Have Taught Me about Living Well by Rebecca Rosen, 9781623367817, available at Book Depository with free delivery worldwide.**

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